

MINERAL MOUNTAIN RESOURCES LTD.

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MMV.TSX-V

NEWS RELEASE
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Mineral Mountain Expands Kootenay Arc Holdings

Vancouver, British Columbia, August 5, 2010: Mineral Mountain Resources Ltd. (**MMV.TSX-V**) (the "Company") has expanded its Kootenay Arc property holdings to over 89,595 hectares (+220,000 acres) now covering a 70-kilometre-long by 15-kilometre-wide, arc-shaped belt of the Lardeau and Milford groups stratigraphy in the Kootenay terrane.

The newly acquired properties, Butte-Bonanza group of claims, cover 595.36 ha of highly prospective ground just south of our main claims in the Kootenay Arc. The former crown grants have high grade values in gold, silver lead and zinc and anomalous copper and tin. There is also at least one area of larger low-mid grade gold potential. The group consists of five claims. In consideration for 100% interest, less a 2% NSR Mineral Mountain will pay \$100,000 and issue 150,000 shares over a four year period subject to TSX Venture Exchange approval. Half of the 2% royalty may be purchased by Mineral Mountain for \$500,000.

Previous work outlined a north-east trending gold bearing shear zone which intersects the north-west trending fault. Recent work performed by Roca Mines consisted of limited soil sampling on a small grid plus a few contour lines and two diamond drill holes from the same location. Grab samples ran up to 44.7 g/t Au and soils went up to 10493.7 ppb Au.

Our 89,595 hectare Kootenay Arc Project, situated southeast of Revelstoke, British Columbia, is quickly emerging as a high-quality, very fertile setting to host a significant polymetallic +/- precious metal deposit. This underexplored part of the Kootenay Arc is also considered to be highly prospective for sediment-hosted gold deposits similar to those found in the Carlin Trend of Nevada.

MINERAL MOUNTAIN RESOURCES LTD.

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The TSX Venture Exchange has not reviewed and does not accept the responsibility for the adequacy and accuracy of this news release.

This release includes certain statements that may be deemed to be "forward-looking statements". All statements in this release, other than statements of historical facts, that address events or developments that the Company expects to occur, are forward looking statements. Forward looking statements are statements that are not historical facts and are generally, but not always, identified by the words "expects", "plans", "could" or "should" occur. Although the Company believes the expectations expressed in such forward looking statements are based on reasonable assumptions, such statements are not guarantees of future performance and actual results may differ materially from those in forward looking statements. Factors that cause the actual results to differ materially from those in forward-looking statements include gold prices, results of exploration and development activities, regulatory changes, defects in title, availability of materials and equipment, timeliness of government approvals, continued availability of capital and financing and general economic, market or business conditions. The Company cautions the foregoing list of important factors is not exhaustive. Investors and others who base themselves on the Company's forward-looking statements should carefully consider the above factors as well as the uncertainties they represent and the risk they entail. The Company believes that the expectations reflected in those forward-looking statements are reasonable, but no assurance can be given that these expectations will prove to be correct. Please see the public filings of the Company at www.sedar.com for further information.