



BISMARCK MINE DRILLING CONFIRMS MORE HIGH GRADE GOLD AT DEPTH

Highlights:

- HT-13-030 intersects **4.1 g/t (0.12 oz/t) over 12.19m including 10.36 g/t (0.30 oz/t) gold over 3.93m ~230m below surface**
- HT-13-017 intersects **4.84 g/t (0.14 oz/t) over 9.49m including 10.0 g/t (0.29 oz/t) gold over 3.20m**
- HT-13-015W intersects **5.11 g/t (0.15 oz/t) gold over 4.00m**
- **High grade gold zones expand the Bismarck Mine and remain untested to depth and along strike**

(Vancouver, March 14, 2013): Mineral Mountain Resources Ltd. (“Mineral Mountain” or the “Company”) (TSXV: “MMV”) (OTCQX: “MNRLF”) is pleased to report assays from part of the 2013 Phase II drilling program at its Holy Terror Project (HTP) located 55 kilometres southeast of the formerly producing Homestake Mine in South Dakota, USA. Since the Phase II drilling began on January 15, 2013, a total of eighteen drill holes were completed totaling 3,230.4 metres. Sixteen drillholes are included in this release totalling 2,698 metres and all were drilled at the **Bismarck Mine** area. The remaining two holes targeted the **Egyptian Mine** gold zone approximately 200 metres to the southeast and the **North Keystone Mine** horizon about 500 metres to the southeast and the results for these holes are still pending. A vertical longitudinal section to accompany this release is posted on the Company’s website: www.mineralmtn.com.

Phase II Bismarck Mine Drilling

The Phase II drilling program was focussed solely at the Bismarck Mine and designed to both confirm and expand the known high grade, shallow gold mineralization. Down dip continuity of the main zone was demonstrated by drillhole HT-13-030 which intersected **10.36 g/t (0.30 oz/t) gold over 3.93m ~90m below the bottom of the Bismarck Mine shaft**. This mineralization was hosted in a larger shear zone carrying **4.1 g/t (0.12 oz/t) gold over 12.19m**. HT-13-016 confirmed this zone expansion at a vertical depth of ~175m, having successfully intersected **8.39 g/t (0.24 oz/t) gold over 2.03m**.

Designed to infill gaps in the existing drill pattern, HT-13-017 intersected **10.0 g/t (0.29 oz/t) gold over 3.20m** within a wider zone hosting **4.84 g/t (0.14 oz/t) gold over 9.49m** and HT-13-015W intersected **5.11 g/t (0.15 oz/t) gold over 4.00m**. Detailed drillhole composites are presented in Table 1.

Commentary

Nelson W. Baker, President and CEO of Mineral Mountain comments:

“Our Phase II drilling program at the Bismarck Mine has been very successful in not only demonstrating the excellent continuity of gold mineralization from hole to hole but also proving that the mineralized zones continue to depth and that the overall gold grade remains consistent.”

TABLE 1: LENGTH-WEIGHTED DRILLHOLE GOLD COMPOSITES. GOLD ASSAY TOP CUTTING HAS NOT BEEN APPLIED. DRILL HOLE INTERSECTIONS DO NOT REPRESENT TRUE WIDTHS, AS THERE IS INSUFFICIENT INFORMATION TO DETERMINE THE TRUE WIDTH OF THE DRILL HOLE INTERCEPTS AT THIS TIME.

HOLE-ID	VERTICAL DEPTH (M)	FROM (M)	TO (M)	LENGTH (M)	AU (G/T)	AU (OZ/T)
HT-13-015W	55	87.02	91.02	4.00	5.11	0.15
HT-13-015W	61	96.12	97.28	1.16	4.96	0.14
HT-13-015W	81	125.58	129.34	3.76	4.78	0.14
HT-13-016	169	201.95	203.98	2.03	8.39	0.24
HT-13-016	177	212.00	213.07	1.07	4.74	0.14
HT-13-017	62	94.06	103.55	9.49	4.84	0.14
INCLUDING	65	100.35	103.55	3.20	10.00	0.29
HT-13-018	133	156.75	157.70	0.95	9.37	0.27
HT-13-019	ABANDONED					
HT-13-020	76	115.34	116.31	0.97	3.52	0.10
HT-13-020	96	143.51	148.59	5.08	3.95	0.12
HT-13-021	ABANDONED					
HT-13-022	126	156.26	159.30	3.04	1.29	0.04
HT-13-023	ABANDONED					
HT-13-024	77	105.62	106.57	0.95	1.98	0.06
HT-13-024	90	122.12	126.41	4.29	4.10	0.12
INCLUDING	91	124.04	126.41	2.37	6.27	0.18
HT-13-024	110	150.05	153.00	2.95	1.04	0.03
HT-13-025	NO SIGNIFICANT ASSAYS					
HT-13-026	ABANDONED					
HT-13-027	38	46.01	59.10	13.09	1.41	0.04
INCLUDING	37	48.55	53.50	4.95	2.81	0.08
HT-13-028	NO SIGNIFICANT ASSAYS					
HT-13-029	NO SIGNIFICANT ASSAYS					
HT-13-030	215	218.24	230.43	12.19	4.10	0.12
HT-13-030	217	223.45	227.38	3.93	10.36	0.30

Note: Drillhole **HT-13-19** was abandoned because the hole deviated too steeply to pass through the Bismarck structure/mineralization and drillhole **HT-13-21** was terminated at 36.27 metres due to drill rods twisting and breaking in the hole. In addition, **HT-13-23** was abandoned at a depth of 6.3 metres due to unstable ground and the rig was moved forward to HT-13-24. Drillhole **HT-13-26** and **HT-13-28** were abandoned at 16.76 metres and 78.2 metres because they intersected the Bismarck Shaft and an underground drift.

Qualified Persons

The technical information in this news release has been prepared in accordance with Canadian regulatory requirements set out in National Instrument 43-101 and reviewed and approved by Nelson W. Baker, P.Eng., the President and CEO of Mineral Mountain Resources Ltd. and a Qualified Person for this project. The exploration activities at the Holy Terror Project are carried out under the supervision of N. Wally Rayner, P.Geo., Vice President of Exploration and implemented by Project Manager Kevin Leonard, P.Geo., both being Qualified Persons for this project.

Quality Control

Drill core samples are transported, handled and stored with chain of custody procedures. Core is sawn or split in representative halves with one half submitted to the laboratory for analysis and the second half saved for archival purposes. Typical core samples are 0.5 to 1.5 m in length. Gold (Au) assays are by 30 g fire assay with atomic absorption finish with a lower limit of 0.005 ppm and upper limit of 10 ppm. The 48 element geochemical package, including silver (Ag), uses a 4 acid digestion followed by Induced Coupled Plasma with Atomic Emission Spectrometry (ICP-AES) and Mass Spectrometry (ICP-MS), when gold values are greater than 10 ppm then the sample is re analyzed using fire assay with a gravimetric finish. All over limits are also analyzed using the screened metallic method.

The laboratory for the Holy Terror Project is ALS located in Reno, Nevada. ALS is a certified laboratory that used standard reference material and duplicate sampling to ensure quality control. Mineral Mountain routinely sends a set of 4 blind standards as well as one blank sample with every shipment of core. The results of the analysis of the standard material are continuously reviewed to ensure quality assurance.

About Mineral Mountain and the Holy Terror Project

Mineral Mountain Resources Ltd., through its wholly owned subsidiary Mineral Mountain Resources (SD) Inc., is focused on the exploration and, if warranted, development of its key asset, the Holy Terror Project in the Keystone Mining district in the southeastern part of the Black Hills of South Dakota. The Holy Terror Project is centered along the southwestern extension of the Homestake Gold Trend and covers approximately 4,000 acres straddling a major gold bearing structural corridor measuring about 15 km in strike length and 1.5 km in width. The Keystone District contains historic gold mines, eight of which occur within the Holy Terror Project. Production of these mines came from early Proterozoic gold mineralization associated with iron formation, and shear zones similar to the deposits at the former Homestake gold mine which, over 120 years, produced over 40 million ounces of gold. The Holy Terror Project is very well located near Rapid City where it can be easily accessed by a network of roads and has hydro-electricity and modern internet services to the drill site. As well, the area has a skilled labor force and is a low cost exploration area. South Dakota has low political risk and a jurisdiction that embraces mineral development.

A technical report prepared by SRK Consulting entitled "Technical Report for the Holy Terror Project, South Dakota, USA" dated June 20, 2012 (the technical report) is available on the Mineral Mountain website (www.mineralmtn.com) or under Mineral Mountain's profile on SEDAR (www.sedar.com).

On Behalf of the Board of Directors

MINERAL MOUNTAIN RESOURCES LTD.

"Nelson W. Baker", President and CEO

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